

Keshav Mahavidyalaya

Faculty information (July 2022- June 2023)

Department: Physical Education

Name of Faculty: Dr Surender Singh

Highest Qualification: Ph.D

Journal Publications : •• Published Research Paper **"Effect of short and long duration nada yoga meditation on heart rate of para yoga athlete."**Tewani,D., Singh,V., Joshi,N.,and Singh,S., In Quarterly International Journal of Research – Granthaalayah ,11(3),106-113.doi:10.29121/granthaalayah.v11.i3.2023.5094 ,ISSN (online) 2350-0530,March 2023.(UGC Approved)

- Published Research Paper **" Historical Analysis of Physical Education ."** Dr Surender Singh;Prof.Mukesh Agarwal ; Mrs Manjot Mann, International Journal of Social Relevance & Concern (IJSRC), ISSN – 2347-9698, Volume 11 Issue 4 April 2023.
- Published Research Paper **"To Explore The Relationship Between Heart Rate Of Female Yoga Practitioners Upon Yoga Intervention."** Dr.Surender Singh et al , In Refereed Journal,NEUROQUANTOLOGY/ December 2022 / Volume 20 / Issue 22 / Page 3509-3513 / Doi:10.48047 /NQ. 2022.20.NQ10350 (Scopus)
- Published Research Paper **"A Study of health style among university female students."** Anisha Negi; Dr Surender Singh; Dr Neeraj Malik; Abhishek Mohinder;Prof. Gurmeet Singh; Manjot Mann; Shipra Verma, Quarterly International Refereed Journal of physical education & Sports Management and yogic sciences ,PEY ISSN Online 2278-795X,Print 2231-1394,Volume 12,No.4,Page No. 51-57,Oct – December 2022.
- Published Research Paper **"A Comparative study of mental health and emotion maturity among badminton and tennis players."**Gurmeet singh;Surender Singh;Anisha Negi ;Abhishek Mohindra;Mandeep;Jasveer, In Quarterly International Refereed Journal of physical education sports management and yogic sciences. PEY ISSN Online 2278-795X,Print 2231-1394,Volume 12,No.4, Page No. 48-55,Oct – December 2022

Conference Publication : N/A

Chapters : N/A

Books : N/A

Faculty Development Programmes (FDPs); N/A

Talks (as Resource Person): N/A

Projects : N/A

Patents

(Co)Supervisor:

(Students' details including date of registration) :N/A

Others : N/A