

KMV: Department of Psychology
Vandana Gambhir Chopra, PhD in Psychology
RESEARCH PROFILE-Publications

PUBLICATIONS	
Journal Articles	<p>Maggo, U. & Gambhir, V.C. (2019). Effects of Pranic Psychotherapy on Depression: An Experimental Study. Indian Journal of Psychology. ISSN-0019-5553. Special Issue on Mental Health, pg-163-168.</p> <p>Singh J., &Gambhir, V.C. (2018).Workplace Spirituality, Grit and Work Engagement. Asia Pacific Journal of ManagementResearch and Innovation14(1-2) 1-10. 2018 Asia-Pacific Institute of Management SAGE Publications sagepub.in/home.nav. DOI: 10.1177/2319510X18811776</p> <p>Chadha, N.K., &Gambhir, V.C. (2018).Conceptual Model and Psychometric Validation of theMultidimensional Career Decision-MakingBattery.Asia Pacific Career Development Journal.Vol 1: No 1 (Sept 2018), pp 2- 18. http://AsiaPacificCDA.org/Resources/APCDJ/A0001_1_001.pdf</p> <p>Tandon, S &Gambhir, V.C. (2016). Flow in dance: a case study approach using semi-structured interview. Research Inspiration, ISSN: 2455 - 443X. Volume 2, Issue 1. Pg-360-379.</p> <p>Singh, J & Gambhir, V.C. (2016).Relationship among Workplace Spirituality, Work Engagement and Grit. IOSR Journal of Business and Management, e-ISSN: 2278-487X, p-ISSN: 2319-7668. Volume 18, Issue 11. Ver. III, November. 2016. Pg-21-27</p> <p>Gambhir, V.C. (2015). Current status and future progressions for STEM-centric career development practices: Indian scenario. Recent Advances in Psychology: An International Journal. 2015, ISSN: 2395-5465. Vol.2, pp. 92-101.</p> <p>Chopra V. (2014).Critical V/s Constructive position of Emotional Intelligence position of Emotional Intelligence on workplace. Journal of Human and Work Management, ISSN: 2320-8384. Volume 2, July, 2014. Pg-5-15. http://mriu.edu.in/wp-content/uploads/2015/06/FMS-Journal.pdf.</p> <p>Gambhir nee Chopra V. (2014). Impact of job characteristics and personalities on organizational commitment: Difference between managers and non-managers. Indian Journal of Health and well Being, ISSN: 2229-5356, Volume 5, Issue 2. February, 2014. Pg-188-194. http://search.proquest.com/openview/c18ad5ef9b1c4b031280112a8cf6fbe3/1?pq-origsite=gscholar</p> <p>Gambhir nee Chopra V. (2014). Biopsychology of Positive Mental Health: Biological substrates of human functioning. Indian Journal of Positive Psychology.ISSN 2229-4937. Volume 5, Issue 2. June, 2014.Pg-137-144. http://search.proquest.com/openview/624c935e87fab9b7e1c575d18ec2975b/1?pq-origsite=gscholar</p> <p>Gambhir V. & Chadha N.K. (2013) Psychological experiences of midlife. Indian journal of positive psychology.ISSN-2229-4937, Volume 4, Issue 1.march, 2013.Pg-26-31. http://search.proquest.com/openview/225a7c8272b90136bbec26f774568008/1?pq-origsite=gscholar</p> <p>Chopra V. & Chadha N.K. (2012). Mental health and well-being: issues, challenges and strategies for future. Journal of Positive Psychology.ISSN- 2249-6254, Volume 2, Issue2. December, 2012. Pg-218 – 227. http://www.iapp.org.in/our-journals.html</p> <p>Chadha N.K. & Chopra V. (2012). Psychometric standardized Scale: "Marital Compatibility Index" (Published by Prasad Psycho Corporation). (Product Code: 16-2262-KT). http://www.prasadpsycho.com/marital-compatibility-index</p>

<p>Book Chapters</p>	<p>Jajoria, T., & Gambhir, V.C. (2018). Reflections: Skills for social and emotional well-being (Volume II). Exploring various kinds of stressors among adolescents: A qualitative study(313-326). Authorspress.ISBN 978-93-880088-08-2.</p> <p>Garg, K., & Gambhir, V.C. (2018). Reflections: Skills for social and emotional well-being (Volume II). Impact of social media on college going students (286-312).Authorspress.ISBN 978-93-880088-08-2.</p> <p>Chadha, N.K., Gambhir Chopra, V. (2017). The State of Career Services and Career Professionals in India. In Yoon, H., Hutchison, B., Maze, M., Pritchard, C., Reiss, A. International practices of career services, credentials, and training. Broken Arrow, OK. National Career Development Association.</p> <p>Chadha, N.K. & Gambhir VC. {2015} Child labor: An Indian Scenario. Child Safety, Welfare and Well-being: Issues and Challenges (205-217). Springer India Pvt. Ltd. ISBN 978-81-322-2424-2. ISBN e-book 978-81-322-2425-9.DOI 10.1007/978-81-322-2425-9.</p> <p>Chopra V. (2015).From traditional to new career realities. Career development: Different voices Different Choices (17-29). New Delhi: The Reader's Paradise (ISBN: 978-93-82110-24-8). http://www.amazon.in/CAREER-DEVELOPMENT-DIFFERENT-VOICES-CHOICES/dp/9382110240</p> <p>Chadha N.K. & Gambhir V. (2015).Positive Work-Family Interface. Positive Psychology: Applications in Work, Health and Well-being. [120-134]. Pearson India Education Services Pvt. Ltd. ISBN: 978-93-325-4131-3.</p> <p>Chopra V. (2012).Psychological journey from neurosis to nirvana.Perspectives in Positive Psychology.225-243.Published by: Pinnacle learning. ISBN:978-81-92228419. http://www.pinnaclelearning.in/Perspectives-in-Positive-Psychology.html</p>
<p>Popular Articles</p>	<p>Gambhir, V.C. (2017).Effective Career Development through Recruitment Strategies.Newsletter.Retrieved on 21.03.2018, from http://www.asiapacificcda.org/India#Aug2017.</p> <p>Gambhir, V.C. (2016).A New Gen of Career and Education Counselling in India: Upsurge of Private Players in the Field of Career Guidance. http://www.asiapacificcda.org/India</p> <p>Gambhir, V.C. (2015). Top 3 Barriers for Youth Employment. Co-author of Country Report of India for ICCDPP 2015 Symposium. http://www.is2015.org/wp-content/uploads/2015/06/India.pdf</p> <p>Gambhir, V.C (2015). Improving India's Career Literacy: Career Education and Guidance at School Level. Co-author of Country Report for India: published in November Newsletter of 'Asia Pacific Career Development Association'. (Details can be seen on official website of APCDA). http://asiapacificcda.org/May-2015-Newsletter</p> <p>Chadha, N.K., & Gambhir Chopra V. (2014).India 2015 Action Plan: The National Career Service. http://www.asiapacificcda.org/India</p> <p>Chopra V. (2013).Holistic Career Development System for India. Co-author of Country Report for India: published in November Newsletter of 'Asia Pacific Career Development Association'. (Details can be seen on official website of APCDA). http://asiapacificcda.org/Default.aspx?pageId=1736623#India</p> <p>Chopra V. (2012) Book Review- Psychological Realm.Journal of Positive Psychology.ISSN-2249-6254, Volume 2, Issue2. December, 2012. Pg-228 – 230.</p>